

BLOOD & LYMPH DETOX HERBAL TEA INGREDIENTS:

BURDOCK ROOT - Probably the most famous detoxifying agent in the herbal arsenal. Cleanses the blood by increasing the effectiveness of all of the body's elimination systems..

RED CLOVER - Red clover is a popular herb for the blood & lymph, increasing flow, which helps to detoxify the body and reduce inflammation. Red clover, is a great herb for cleansing.

CHAPARRAL - It essentially improves the circulation of blood throughout the body by causing the blood vessels to open (known as vasodilation). When blood vessels dilate, sweating is enhanced and toxins within the blood can then be eliminated via sweat. This entire process rejuvenates the body and helps clear impurities from both the blood and lymphatic system.

OREGON GRAPE ROOT - Oregon grape root is a general immune stimulator; a gentle liver cleansing/blood alterative. It has a conditioning effect on blood quality & supports and activates the digestive/urinary systems.

YELLOW DOCK - Part of yellow dock's broad uses are due to its alterative, tonic and nutritive qualities. Yellow dock has blood purifying characteristics which maintain many of the major organs, including the liver and gallbladder. This accelerates the restoration of the tissues so the organs can better carry out their functions, therefore improving health.

POKE ROOT - is a very strong cleansing herb. Its actions are concentrated in the lymphatic and glandular systems.

GOLDENSEAL ROOT - Is an excellent lymphatic system and blood cleansers that also boost the immune system.

LOBELIA - The herb eases muscles and improves the blood flow in the human body.



"Herbs that work!"