

CIRCULATION SUPPORT

HERBAL TEA INGREDIENTS:

CAYENNE - Stimulates the blood and the heart, increases and strengthens the pulse and regulates the cholesterol and lipid levels.

PRICKLY ASH BARK - Is an excellent circulatory stimulant, although it's slower working than Cayenne, its effects are long lasting. It is a blood cleanser and excellent for skin diseases and accumulations in the joints.

BUTCHER'S BROOM - builds up the structure of the veins and useful in the treatment of hemorrhoids and varicose veins, improves circulation to help prevent post-operative thrombosis and phlebitis. It strengthens the blood vessels and helps to keep the veins clean and healthy. Helps to prevent blood clotting through its diuretic effect.

WITCH HAZEL - is a great astringent, anti-inflammatory and antioxidant that is reported to promote healthy circulation, heal wounds and bruises. It reduces swelling of tissues and is a good venous constrictor, helpful in the treatment of hemorrhoids and varicose veins.

GINGER ROOT - is considered a warming herb that stimulates the flow of blood and maintains overall health. It has been shown to improve blood circulation by dilating blood vessels and decreasing platelet aggregation. Ginger can be used in the treatment of Raynaud's disease, a rare circulatory disorder that causes loss of circulation to the fingers and toes. Ginger root fights inflammation and is useful in treating conditions such as osteoarthritis of the knee, arthritis and ulcerative colitis. Ginger root may lower cholesterol and prevents clotting and the formation of plaque. This may prevent blockages from occurring in blood vessels, reducing the risk of heart attacks and strokes.

GINKGO BILOBA - enhances circulation, particularly among those with medical conditions such as leg pain, Raynaud's syndrome, which causes severe discomfort in response to cold. Ginkgo improves circulation by improving dilating blood vessels and reducing the stickiness of blood platelets



"Herbs that work!"