

FIBROID

HERBAL TEA INGREDIENTS:

CHASTEBERRY - Due to chasteberry's antibacterial, anti-fungal, and anti-inflammatory properties, it has also been shown to help treat fibroids. Chasteberry tea can stop heavy menstrual bleeding that accompanies large fibroids and has the ability to shrink the tumors.

BLACK COHOSH ROOT - Is an excellent anti-inflammatory herb and heart tonic, it promotes healthy blood flow to the pelvic area. Aids in healing of uterine fibroids, ovarian cysts, and endometriosis.

PRICKLY ASH BARK - Helps the lymph and blood system eliminate fibroid tissue from the body as it breaks down.

DANDELION ROOT - One of the richest of all plants in nutritive value and a cornerstone of traditional herbal treatments, dandelion is the archetypical Liver tonic, helping this vital organ system detoxify and cleanse the blood. This will then aid in helping the body to deal with the fibroid.

CINNAMON CHIPS - It has been used for years to curb heavy menstrual bleeding (menorrhagia), including heavy bleeding due to endometriosis and uterine fibroids.

PASSIONFLOWER – is high in chrysin, a naturally occurring flavonoid that is found in plants like passionflower and chamomile and may help lower estradiol. Passionflower is also an Antispasmodic herb. This means that it can be used to relax muscle fibers and thereby decrease pain associated with fibroids.

FLAXSEED - Nearly all women can benefit from taking phytoestrogens-plant-based hormones found in flaxseed. Not only are phytoestrogens a safe alternative to synthetic hormones, phytoestrogen-rich foods decrease the effects of estrogen levels naturally by blocking the estrogen receptors on the cells in fibroids and other estrogen-sensitive tissues.

MACA ROOT - Maca supports healthy progesterone levels in the body. It helps to balance the hormones, but does not contain any hormones itself. It is able to do this by nourishing and balancing the endocrine system.



"Herbs that work!"