

SLIMMING AID

HERBAL TEA INGREDIENTS:

NETTLE LEAF – Highly nutritive, nettle leaf contains a great amount of chlorophyll, making this herb a significant source of antioxidant vitamins (such as C and A) and powerhouse minerals. Nettle leaf is also considered a blood purifier due to its ability to increase the proper function of the liver and the kidneys.

ELEUTHERO ROOT — While it primarily works on the nervous system, in general eleuthero root is well known as a powerful adaptogen – that is an herb that helps the body properly respond to stress. Reducing anxiety and balancing the appetite.

SENNA LEAF — Senna leaf is best known as a natural laxative.

DANDELION LEAF — Dandelion leaf neutralizes acid in the blood thereby making it one the best remedies for detoxification and blood purification available.

MARSHMELLOW ROOT — Is one of the most mucilaginous herbs. Highly nutritive...it also works to soothe the entire digestive system by reducing inflammation. Likewise, marshmallow root is a wonderful diuretic.

SLIPPERY ELM BARK— it helps bring to balance to the body by absorbing toxins in the bowel.

PAPAYA LEAF— Containing high concentrations of digestive enzymes, papaya leaf is an excellent tonic for the digestive system as a whole...and a wonderful herbal support for weight loss.

SWEET CINNAMON BARK — A well-known for centuries due to its anti-biotic and anti-fungal properties, cinnamon is a wonderful remedy that supplies excellent flavor.

GINGER ROOT — Ginger root, a trusted cold/flu fighter, assists the body in the removal of excess toxins. It too, cleanses the digestive tract and the kidneys as well as increases circulation by warming the body.

FENNEL SEEDS — Aids in digestion and help to regulate the appetite. They also positively effect kidney function and work to cleanse the liver.



"Herbs that work!"